

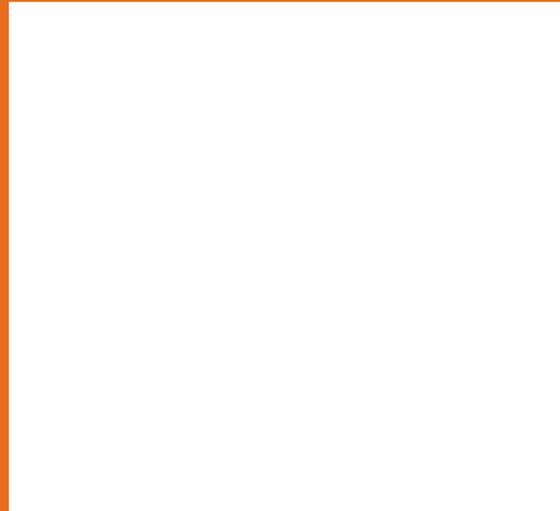
## Help us find our strength

Your time, money or commitment is important to us. Find out more at [www.victimsupport.org.uk/getinvolved](http://www.victimsupport.org.uk/getinvolved)

## Helping victims and witnesses to find their strength

- Free and confidential emotional support for victims and witnesses.
- Information and help with dealing with the criminal justice system.
- Practical help to sort out the problems crime can cause.

Contact your local Victim Support office:



Our Victim Supportline **08 08 16 89 111** gives information and support for anyone affected by crime.

You can contact us using Text Relay by adding 18001 before any of our phone numbers.

Help us support other victims and witnesses. Text **VISU13** and an amount to **70070** to make a donation.

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**victim  
support**  
find the strength

**Helping you  
find the strength**

Information about  
Victim Support  
and how we can  
help after crime

## Anyone can be a victim of crime

People react to becoming a victim of crime in lots of different ways. Many people can deal with it on their own but others need more help. The effects can depend on the type of crime, what sort of person you are and many other factors. But thankfully most people don't suffer long term harm.

*"Since the burglary, no matter how many times I've cleaned the flat, it doesn't feel the same."*

*"I keep thinking I see the person who attacked me walking down the street towards me."*

*"I am so worried about going to court and having to face him again."*

*"We didn't know whether we could claim any kind of insurance or compensation."*

## We're here to help

Victim Support is the independent national charity for all victims and witnesses across England and Wales. We're here to help you find your strength when crime comes into your life. We can give you free and confidential support and information and help you sort out the problems crime causes. Anyone can ask for our help and we'll automatically get in touch after you report a crime to the police too.

We're here for all victims from all communities. Our help and support is confidential and free.

We also act as a national 'voice' for victims and witnesses – to raise awareness and campaign for better rights and services.

Note: From April 1, 2015, this service will be provided by the charity Citizens Advice.

## We help at court too

We run the Witness Service in every criminal court. This helps victims, witnesses and their families and friends before, during and after a trial.

## How you can help

We get funding for our core work from a range of places, but it doesn't cover all the work we need to do. We have to raise funds like every other charity to help us develop crucial new projects, reach out to more groups in need and speak out more powerfully for victims and witnesses.

## Your support is important to us

You can help by:

- making a one-off donation or regular gift
- supporting one of our many fundraising initiatives at [www.justgiving.com/victimsupport](http://www.justgiving.com/victimsupport)
- setting up a fundraising event in your local community.

Get in touch with our fundraising team at [fundraising@victimsupport.org.uk](mailto:fundraising@victimsupport.org.uk) or see the local information on the back of this leaflet to find out more about how your support can help even more victims and witnesses to find their strength.

You can also find out about other ways to get involved on our Facebook pages at [www.facebook.com/victimsupport](http://www.facebook.com/victimsupport) or follow our news on Twitter @victimsupport

## We depend on volunteers

Thousands of people give up their time to help victims and witnesses through Victim Support. But we always need more volunteers. We want people from every community to help us reach out to all victims and witnesses in need of support.

All our volunteers get training and have the chance to learn new skills. We pay expenses too. Most volunteers are involved in supporting victims and witnesses but we also need volunteers to help with training, fundraising, administration and lots of other work.

See our website at [www.victimsupport.org.uk/get-involved/volunteer](http://www.victimsupport.org.uk/get-involved/volunteer) for more information.